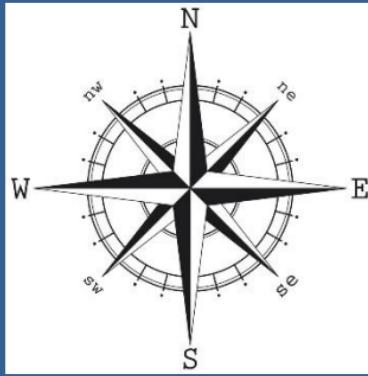


# Field Guide to the Kidney



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## **TABLE OF CONTENTS**

1.	The Renal Biopsy.....	3-12
2.	General Chronic Kidney Disease Management.....	13-22
3.	Renal Osteodystrophy.....	23-30
4.	Anemia of Chronic Kidney Disease.....	31-36
5.	Secondary Hypertension.....	37-44
6.	Hemodialysis.....	45-54
7.	Peritoneal Dialysis.....	55-62
8.	Continuous Renal Replacement Therapy.....	63-72
9.	Pregnancy and the Kidney .....	73-81
10.	Renal Transplantation- Immunology and Organ Allocation.....	82-91
11.	Renal Transplantation- Immunosuppression and Allograft Dysfunction.....	92-104
12.	Renal Transplantation- Other Complications and More.....	105-116
13.	Renal Tubular Transport Map.....	117-136
14.	Hypernatremia.....	137-148
15.	Hyponatremia.....	149-160
16.	Hyperkalemia.....	161-171
17.	Hypokalemia.....	172-183
18.	Acid-Base.....	184-199
19.	Nephrolithiasis.....	200-207
20.	Hypercalcemia.....	208-217
21.	Hypocalcemia.....	218-225
22.	Hyperphosphatemia.....	226-230
23.	Hypophosphatemia.....	231-237
24.	Hypomagnesemia.....	238-244
25.	Cystic Kidney Disease.....	245-252
26.	General Approach to Glomerular Disease.....	253-256
27.	Cyclophosphamide in Renal Disease.....	257-258
28.	Alport's and Thin Basement Membrane Disease.....	259-264
29.	Minimal Change Disease/Focal Segmental Glomerulosclerosis.....	265-275
30.	Membranous Nephropathy.....	281-276
31.	IgA Nephropathy.....	282-288
32.	Lupus Nephritis.....	289-295
33.	Renal Small Vessel Vasculitis.....	296-302
34.	Amyloidosis and the Organized Deposition Diseases.....	303-310
35.	HIV and the Kidney.....	311-314
36.	Thrombotic Microangiopathies.....	315-319

# THE RENAL BIOPSY

## A. PREPARING FOR RENAL BIOPSY

1. Maintain platelets >50K, INR <1.5; Avoid antiplatelet agents and anticoagulants.
2. Control blood pressure to <150/95.
3. For patients with profound renal insufficiency consider giving DDAVP 0.3mcg/kg IV 15-30min prior to biopsy.

## B. SYSTEMATIC APPROACH TO RENAL BIOPSY INTERPRETATION

### 1. Light Microscopy-

#### a. Overview:

- Determine the stain
- Describe the glomerular compartment
  - Are there alterations in matrix or basement membranes?
  - Is there hypercellularity? If so, in which compartment (mesangial, endocapillary, or extracapillary)?
  - Is there microangiopathy?
  - What is the distribution of the above lesions (diffuse/focal and segmental/global)?
- Describe the extraglomerular vascular compartment
- Describe the tubulointerstitial compartment

#### b. Determine the stain (Included examples reveal normal histology):

##### • Hematoxylin and eosin (H and E)-

Used for gross impression. Hematoxylin is violet and is basic (+), binding negatively charged DNA/RNA. Eosin is pink and acidic (-), binding to most positively charged cytoplasmic proteins (cytoplasms is pink, collagen is pale pink, and erythrocytes are cherry red)

