

T.A.L.K. ABOUT SEXUAL VIOLENCE

When a colleague or someone close to you discloses that they have experienced sexual violence, you may not know what to say. The "**TALK**" method can help you remember how to respond with empathy.



T

THANK THEM FOR TELLING YOU

A

ASK HOW YOU CAN HELP

L

LISTEN WITHOUT JUDGMENT

K

KEEP SUPPORTING

Visit RAINN.org to view RAINN's complete "*Friends and Family Toolkit for Supporting a Loved One After Sexual Violence*"